



**Mexico Mission 2019  
Sleepy Hollow Presbyterian Church  
June 15 – 22**

**MISSION INFORMATION  
and  
PARTICIPATION FORMS**

Sleepy Hollow Presbyterian Church  
100 Tarry Road  
San Anselmo, CA 94960  
415-453-8221  
[www.sleepyhollowchurch.org](http://www.sleepyhollowchurch.org)



**Mexico Mission 2019**  
**Sleepy Hollow Presbyterian Church**

March 17, 2019

Dear Potential SHPC Mexico Mission 2019 Participant,

Thank you for inquiring about information on the Sleepy Hollow Presbyterian Church (SHPC) Mexico Mission 2019. This is our church's 22<sup>nd</sup> mission to Mexico, and we're excited to be sponsoring this youth-oriented trip. Enclosed is a packet of information that is designed to answer your questions, deliver all required forms, provide travel details, and supply a list of participant expectations. But here are the highlights:

- The trip is being organized by Sleepy Hollow Presbyterian Church, in conjunction with Amor Ministries, based in San Diego, CA, and Baja Camp Cooks;
- The goal of the trip is to send a group of youth and adults to travel to Mexico and build a homes for underprivileged families;
- The group leaves SHPC on Saturday, June 15, 2019 and returns on Saturday, June 22, 2019.
- The goal is to send approximately 64 individuals: 14 adults and 50 youth – the minimum age to participate is 14 / Freshman in High School;
- Every individual, both adult and youth, **must have a valid passport to participate**. There will be no exceptions;
- **The trip costs \$1025 per person**, regardless of age (a complete breakdown of the budget is enclosed). Youth are expected to participate in organized fundraising efforts;
- **All forms and a non-refundable deposit of \$150 are due by March 31, 2019;**
- **IMPORTANT:** With significant interest this year, it may be necessary to cap the total number of participants to ensure the best trip experience possible. With that in mind, it is important that you submit your forms and deposit as early as possible, as participation will be determined using first come, first served criteria among other considerations. A waitlist will be created.
- Copy of valid passport is due no later than April 14, 2019.
- Mandatory Youth/Parent meetings will be held on the following Sundays at the church: March 31, April 14, and May 19.
- A fundraising campaign (paper, email, social media) will begin as early as March 20, 2019. An online fundraising page (GoFundMe) will be set up when you submit your Intent to Participate and Application forms.
- The remaining funds will be due as follows: **\$500 April 14; \$375 May 19, 2019**. Youth may turn in checks from other contributors or their own checks to cover these costs, but payment must be received by these deadlines. For some, the final payment may be considerably less than \$375.
- Make sure all vaccinations are up to date: tetanus, polio, measles, etc. 30 days prior to departure
- A "team building" event may be planned prior to the Mission. Details and specific dates to come.

**If you or your young adult are planning to participate, then all Mexico Mission forms and a non-refundable deposit of \$150 will be due to the church by March 31, 2019 with all of the subsequent payment dates noted (checks should be made out to Sleepy Hollow Presbyterian Church and in the notation please mark: Mexico Mission – All sponsor contributions must be sent to you prior to submission for your thank you responses – You must have your name noted on the check or attached to cash to receive the proper credit toward your fundraising efforts).** The address for the church is at the bottom of this letter.



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*(Continued from previous page)*

All participating youth and their families are always welcome to attend church Sunday mornings at 9:30 a.m. Since we are going to Mexico to serve people as a church, each day that we are on the trip, there will be specific morning and campfire opportunities for spiritual reflection.

All Mexico Mission participants are expected to participate in all facets of the mission including spiritual reflection, journal writing, participation in group discussion, and respect for the mission's purpose.

We are excited to be able to offer this opportunity to the youth at Sleepy Hollow Church and to the community at large. If you should have any questions, please feel free to contact the 2019 Mission leaders at the numbers noted below.

Brian West, Trip Planning Leader  
Phone: 415-497-6759  
Email: [mm@activeingredients.com](mailto:mm@activeingredients.com)

Julia Clark, SHPC Office Administrator  
Office Ph: 415-453-8221  
Email: [shpchurch@comcast.net](mailto:shpchurch@comcast.net)



## **Mexico Mission 2019** **Sleepy Hollow Presbyterian Church**

### **About Sleepy Hollow Presbyterian Church**

SHPC is a welcoming, progressive, caring community dedicated to building up the world with love, justice, kindness, and peace. Our values are respect, kindness, sharing, compassion for all people, and caring for God's creation. In the Presbyterian tradition we encourage everyone to explore questions of faith, meaning and worldview. We are a Matthew 25 church, meeting God by feeding the hungry, housing the homeless, welcoming the stranger, caring for the sick, visiting the incarcerated, and breaking down walls that divide in our community and beyond. We are a Green Church and strive to be responsible stewards of the environment by lessening our footprint and respecting the Earth and all her people.

### **About Amor Ministries**

#### **The Amor Mission Trip**

The Amor mission trip is a short-term mission trip based on serving the local church in Mexico, while creating cross-cultural understanding through direct exposure to the Mexican culture. Amor Ministries doesn't want a group to just build a house in a developing nation. We want a group to understand the conditions of poverty through immersion.

#### **How Families Receive a Home**

Families are selected to receive homes by the Mexico Ministry Planning Board (MMPB). The selection process begins with the pastors discerning the need within their own communities. Any family within a community can potentially be selected to receive a home, but the family must own their land. Amor and the MMPB have agreed that a family doesn't have to be Christian or even attend the church within that community to receive a home, because we believe that the house becomes a powerful evangelistic tool and opens a relationship between the community's church and the family. The pastors present their nominations at board meetings and those families selected will then receive an Amor home built by mission trip participants.

#### **The Mexico Ministry Planning Board**

The Mexico Ministry Planning Board (MMPB) are not employees of Amor, but an integral part of the Amor team, because they provide vital support in Baja California, Juarez, and Puerto Peñasco, Mexico. The board is made up of Mexican pastors who volunteer to serve alongside the Amor staff because they share a vision of ministry to the people of Mexico. These tireless, self-sacrificing pastors interview prospective families, create biographical sketches on each family, determine the families in the greatest need for house building priority, and return to the family again and again after the house is complete to remind them that the God who has provided the house will continue to provide for all of their needs. The MMPB sets the tone for service by their consistent involvement with outreach programs, medical clinics, and attendance at Amor campfires.

#### **The Amor House Project**

Amor Ministries typically builds an 11'x22', two-room home with a slab floor, stucco-finished exterior, two windows, and a door. An Amor house is a simple design, built according to the standards of the community so that a group without skilled labor or power tools can still complete the project.



Amor doesn't allow the use of power tools or generators on the worksite. They want every member of the mission trip group involved in the house building process and power tools do not foster that environment.

They realize that there are other methods of completing the building project more quickly, but they want everyone to experience the culture, get to know the family we are building for, and to play with the children.

### **About Baja Camp Cooks**

Since 1999, Baja Camp Cooks has offered its camping services in conjunction with Amor Ministries, a non-profit religious organization. With Baja Camp Cooks, Food and Camping Packages take the set-up and cooking responsibilities from our mission trip by allowing us to focus on the "mission" of serving others. A Baja Camp Cooks trip includes:

- Catered meals: breakfasts and dinners; bagged lunches for the work site; campfire snacks
- Drinking water both on and off the work site
- Hot and cold beverages
- Buffet Tables with Shaded Canopy
- Hot and Cold Cups with Ice
- Outdoor Lighting around Food/Beverage Area
- Baja Camp Cooks On-site Cook(s)
- All your camping equipment
- Complete setup and take down of your campsite
  - Dome Tents (4 people per tent)
  - Ground Cloths
  - Sleeping Pads (1 per person)
  - Small Tent Table (1 per tent)
  - Front Doormats
  - Flashlights (1 per tent)
  - Camping Chairs
  - Toilet paper / shampoo available upon request

### **Commonly Asked Questions (and Answers!) addressed to Baja Camp Cooks:**

**Q: *How do you select the camp site?***

**A:** Through coordination with Amor Ministries and the location you'll be assigned to build your home.

**Q: *How much drinking water/fluid is supplied per work site/sites?***

**A:** Based on the number of people paying for camping/meals. It is taken into account not only at camp grounds, but at worksites.

### **Commonly Asked Questions (and Answers!) addressed to Baja Camp Cooks: *(continued)***



**Q: Do you have “buckets to wash hands in at work sites?”**

**A:** No. SHPC needs to bring 2 buckets (one to wash in and one to rinse in) and Clorox or you could use hand wipes.

**Q: Will SHPC Mexico Mission team have a fire pit and firewood that you provide?**

**A:** Yes.

**Q: Does Baja Camp Cooks provide utensils and plates?**

**A:** Baja Camp Cooks only uses paper plates.

**Q: Can Baja Camp Cooks accommodate vegetarian and other special dietary needs? Is there any additional cost?**

**A:** Baja Camp Cooks is happy to accommodate special food allergies, vegetarian diets or other dietary needs. Just let SHPC Mexico Mission 2019 team know when you turn in your form and initial deposit.

### **Additional Insights into Mexico Mission 2019**

For those of you who have never been on a Sleepy Hollow Presbyterian Church Mexico Mission, here is a snapshot of what a typical day of service looks like:

6:00 am	Everybody up; get dressed, eat breakfast, prepare lunch, pack vans
7:30 am	Morning Prayer; Leave campsite for worksite
8:00 am	Stretch; worksite setup; begin work
10:00 am	Snack
12:30 pm	Lunch
1:30 pm	Continue work
3:00 pm	Snack
5:00 pm	Worksite cleanup, leave for campsite
6:00 pm	Once back at camp, unload vehicles, wash up for dinner. The rest of the evening consists of eating our meal together, sitting by the campfire for discussion, songs, prayer, stories of the day, journaling, and enjoying one another's company.
9:30pm	Get ready for bed
10:00pm	Lights out

The Mexico Mission is both a work trip and personal transformation experience for our youth and their adult mentors on the mission. It provides for life-skills development, self-awareness, an expanded worldview, and an irreplaceable life-affirming experience that can last a lifetime.

### **Transportation**

Part of the mission experience is the road trip both to and from Mexico that the team takes together. The drive down provides for mental preparation and team normalizing for the workweek to come. The return trip

provides time for absorbing the work and reminiscing as a team before we all go back to our daily routines. To optimize safety, consistency, and fellowship, buses, and rented vans are used to transport the team and their gear



throughout the mission. All drivers are over the age of 25, and are required to show proof of insurance and provide a copy of current driver's license. Ideally, there are 2 adults in each van, trading off driving responsibilities every 2 – 3 hours.

### **Sample Packing List**

***Do not bring any alcoholic beverages, recreational drugs, cigarettes, blow dryers, curling irons, iPods, or radio or CELL phones.***

Packing suggestions for maximum comfort:

- ☐ Current valid passport
- ☐ Prescription medications
- ☐ Sleeping bag and pillow
- ☐ Foam or air mattress (that folds or rolls very small)
- ☐ Towel and wash cloth
- ☐ Toiletries (toothbrush, toothpaste, brush, soap, shampoo, feminine products, and deodorant!) placed in zip-lock bag to protect against the heat
- ☐ Flashlight (bring extra batteries)
- ☐ Water bottle or canteen
- ☐ Insect repellent
- ☐ Sunglasses and hat/visor
- ☐ Sunblock and lip balm
- ☐ Work gloves
- ☐ Work shoes (no open toes)
- ☐ Work clothes (no dresses, shorts, skirts, capris, or tank tops)
- ☐ Something to sleep in (PJ's, T-shirt/shorts)
- ☐ Plastic bag for dirty laundry
- ☐ Tool belt (cloth or leather)
- ☐ Your favorite framing hammer
- ☐ Bathing suit (no bikinis) and cover for showers
- ☐ Warm clothes for evenings
- ☐ Camp clothes (shorts, skirts and dresses ok)
- ☐ Camp shoes
- ☐ Solar / sun shower
- ☐ Jacket(s) and sweatshirt(s)
- ☐ Spending money
- ☐ Camera and film

Remember:

- ☐ No cell phones are allowed on trip
- ☐ No iPods / iPads / MP3 players / other electronics are allowed on trip
- ☐ Music CD's for share with the group are welcome. So cut your CD's before departure
- ☐ No tank tops are allowed on the work sites
- ☐ No whining

### **Fundraising**



The approximate per person cost for mission participation is \$1025. This includes the following expenses:

- Fees for Amor Ministries (this includes their coordinating of the families, house sites, camping grounds, toilets, showers, interns, building plans & building materials – nails, doors, windows, wood, cement, gravel, wire, tar paper, etc.)
- Other expenses are for the team's food, water, kitchen & cooking supplies, tools, vehicles, gasoline, Mexican vehicle insurance, fundraising supplies, postage, admin/coordination, campsite supplies, and additional expenses toward bringing the mission to life.

One of the ways anyone can raise the money toward the mission is through a personal fundraising outreach effort (email, social media) to family, friends, and work colleagues who can contribute using each participants own online fundraising page (GoFundMe) or by check (delivered by participant or mailed to SHPC. Secondly we sell "nails" to the community.

### **Medical Health and Safety**

- Because of the nature of our work in Mexico, team members are recommended to get an up to date tetanus booster. **Make sure all vaccinations are up to date: polio, measles, etc. 30 days prior to mission.**
- Animals are not as protected in Mexico as they are in the USA, rabies and other illnesses can be avoided by refraining from picking up and petting dogs, cats, and other animals. Please refrain even if the animal is cute!
- Hand washing before meals, after the workday, and after using the outhouse, is a must to prevent spread of germs and to prevent nausea, vomiting, diarrhea, & in extreme cases, hepatitis. Hand washing stations will be available at our campsite, worksite, & kitchen.
- Eye safety and hydration (drinking water) are a must. Please make sure you have appropriately fitting eye protection and a personal water bottle with a secure lid.
- Blisters: Bring good socks, shoes, and work gloves.
- Sunburn: Bring hat, handkerchief, sunscreen, & t-shirt long enough to cover your lower back.
- Dehydration: It is hot, even on a cloudy day. Staying hydrated means to drink water, urinate often, and drink more water.
- If a serious injury or illness occurs, the team member (youth or adult) will be driven across the border (accompanied by adult team member) to a Hospital in San Diego.
- Brush/comb hair in your tent or at/around fire pit, not in kitchen, near food, or near drinking water station.
- Dump hand-washing water away from camps, food area, or walk ways.
- Do not, under any circumstances, urinate anywhere other than the designated outhouses at camp and the outhouse at the worksite.





### **Reminder**

It is not bad, and you and your Mission team are not a failure, if you get mild diarrhea, constipation, dehydration, blisters, sunburn, etc., during the mission. Stress, interrupted sleep patterns, different food intake, not enough water intake, road travel, hard work in the hot sun, etc., can all contribute to the possibility of feeling a little under the weather while on the mission. If you follow the health and safety recommendations on this page you will be able to take care of yourself and your teammates while on the mission. If, however, you do begin to feel ill, or see anyone else becoming ill, please let it be known immediately to your group leader(s) for the good of the individual and of the team.

### **Border Crossing into and out of Mexico**

On the way into Mexico the team crosses the border in a caravan organized and lead by the Amor Ministries Folk. There is an Amor Rep at the border crossing to help expedite the crossing. The Amor Reps lead and escort the caravan to the campsite, which is gated from 10 pm-6 am, we are shown to our assigned campsite, and then we get settled for our work week.

### **Border Crossing out of Mexico**

After the completion of the house the team packs their gear and heads up to the border crossing with map provided by Amor. The USA border is stricter, **each person will have to provide a valid passport.** Sometimes the group is asked multiple questions to ascertain they are valid to cross the border. No fruits, vegetables, or plants are allowed back into the United States.

### **Drivers & Driving**

Each driver is required to be over 25 years of age and have valid California Drivers License. Van capacity is no more than 11 passengers as per Church Insurance requirements (unless the driver has a Class B license, and clean health certificate). We turn headlights on while driving and require a seat belt to be in use for every passenger. SHPC uses the caravan technique of the slowest vehicle in front. We use family band radios to communicate van to van and have an emergency call plan in case of accident or getting lost.

### **First Aid**

Sleepy Hollow brings an extensive first aid kit that provides supplies to assist with minor injuries. If a serious injury or illness occurs the team member (youth or adult) will be driven across the border (accompanied by an adult team member) to a Hospital in San Diego. In addition, several of our team members are emergency medical technicians and/or paramedics/nurses.

### **Minors**

Team members that are under the age of 18 are the responsibility of one team leader over the age of 30. The minor's names are recorded on a written "minor's list" which is notarized in the USA to show proof that they belong on the Mission team.

### **Communication**



While the team is away we have one person at home as a contact whom we call in case of emergency and to let them know we are crossing in and out of Mexico. The communications coordinator (details TBD) can help family members get in contact with the team if there is an emergency back home.

**Common Sense in traveling and working as part of a team**

- Be aware of surroundings and notice landmarks in case of getting lost.
- Notify team leader(s) of any suspicious activity (within the team or otherwise)
- Keep your ID on you at all times
- Respect van seating arrangements and counting off.
- Do not leave the campsite or worksite, unless you are with the team
- Stay focused on the mission – this is not a vacation – although we will have fun!



**Mexico Mission 2019**  
**Sleepy Hollow Presbyterian Church**

**Working Budget**

Item	Cost	Notes
Amor Ministries Participation Fee	\$300.00	5 nights, 4 workdays – building materials
Food and Camping Supplies (in Mexico)	\$225.00	In Mexico, Baja Camp Cooks provides 3 meals a day plus snacks and all camping gear
SHPC Administration	\$125.00	Misc. church administrative cost for Mission
Dinner in SD	\$20.00	Saturday night on way to Mexico
Accommodations in San Diego	\$50.00	2 nights; 1 on the way down, 1 on the way back; donation / cleaning deposit
Return Event	\$20.00	Night out in SD before returning to SHPC
Bus Rental	\$100.00	To and from SD
Van Rental (and insurance)	\$135.00	One van \$1350 / 10 people per van – SD to Mexico
SUV / Trailer Gas & Insurance	\$15.00	To carry equipment, insurance, SUV tow / gas
Van Gas	\$15.00	400 miles; van gets 10mpg, gas @ \$3.75 per gallon, 10 people per van
Misc.	\$20.00	Tools, group photos on CD, and unknowns TBD
<b>Total</b>	<b>\$1025.00</b>	

**Assumptions:**

- 50 participants
- 5 vans required (10-11 people per van)
- 1 trailer required (to store tools, equipment, etc.)



## **PARTICIPATION FORMS**

INTENTION TO PARTICIPATE FORM

APPLICATION FORM

TEAM MEMBER COMMITMENT AND COVENANT FORM

LIABILITY AND MEDICAL RELEASE FORM

AMOR INDIVIDUAL MISSION TRIP PARTICIPATION FORM



**Sleepy Hollow Presbyterian Church  
Mexico Mission  
June 15-22, 2019**

**Due March 24, 2019**

**INTENTION TO PARTICIPATE FORM**

Name of Participant \_\_\_\_\_

Mailing Address \_\_\_\_\_

Grade in School \_\_\_\_\_

Home Phone \_\_\_\_\_ Participant Cell \_\_\_\_\_

Participant E-Mail \_\_\_\_\_

Primary Parent / Guardian Name \_\_\_\_\_ Cell \_\_\_\_\_

Primary Parent / Guardian E-Mail \_\_\_\_\_

Secondary Parent / Guardian Name \_\_\_\_\_ Cell \_\_\_\_\_

Secondary Parent / Guardian E-Mail \_\_\_\_\_

Before we leave and head off to live and work in conditions that are out of our normal comfort zone while we build homes for families in Mexico, we promote team bonding and team building by:

Encouraging participants to attend services and events at SHPC (Sundays at 9:30 a.m.)

Requiring that s/he attend the mandatory planning meetings from March to June. These are important opportunities for trip preparation and team building.

***For Students, Parents, and Young Adults:***

*I agree to participate in all meetings and understand that I am welcome and encouraged to attend worship on Sunday mornings.*

*Student Signature* \_\_\_\_\_

*Parent(s) Signature* \_\_\_\_\_

***For College Students who are away or Adult Leaders:***

*I am away at college and unable to participate until the academic year ends but will communicate by e-mail and telephone or I will participate as an adult leader.*

*Young Adult / Adult Leader Signature* \_\_\_\_\_



Due March 24, 2019

**Mexico Mission 2019  
Sleepy Hollow Presbyterian Church  
APPLICATION FORM**

**PLEASE PRINT** (Mexico Mission Team Member Name)

**Dates of Mission: June 15– 22, 2019**

Participant and Parent (if under 18 years of age) must initial next to each:

1. \_\_\_\_\_ **Yes!** I am interested in participating in the 2019 Mexico Mission being organized by Sleepy Hollow Presbyterian Church. **I understand that I am responsible for the total cost of the trip, which is \$1,025,** and I am committed to participating in fundraising efforts to raise funds for my participation and for the participation of those less financially fortunate. I further understand that I must meet the financial due dates with **non-refundable deposits / payments.** I have read the information packet and understand and agree to abide by the rules as set forth in this document.
2. \_\_\_\_\_ **I understand that the mission involves crossing the border into Mexico, and that there have been incidents of violence in Mexico.** AMOR Ministries and the Leaders of the Mexico Mission 2019 trip will work to ensure the safety of all participants. I understand and accept that there are potential risks.
3. \_\_\_\_\_ **There are no refunds for any deposits / payments / fundraising.** This is a mission trip and SHPC is a non-profit charitable organization. If I choose to withdraw from the trip for any reason, I understand that I will receive no refund for any personal or sponsor contributions. Partial or complete refunds would only be made if SHPC cancels the Mexico Mission 2019 trip due to US or Mexican government recommendation, AMOR Ministries or vendor recommendation, or SHPC discretion.
4. \_\_\_\_\_ **I understand that we will be traveling and living together, youth and adults, in a community based on love, respect, trust, and support.** Each of us is important and putting individual differences aside to become a close-knit team is essential. Adhering to the values of love, respect, trust, and support, as well as our organizational guidelines, will strengthen our spirits and hearts to succeed in our mission. I agree to participate in and respect our sponsoring church, Sleepy Hollow Presbyterian Church. I will attend at least three church services: SHPC Commissioning Sunday (June 9), Mexico Mission Trip Sunday in La Jolla (June 16) and SHPC Return Sunday (June 23). I agree to this.
5. \_\_\_\_\_ **I understand that the Mexico Mission trip is hard manual labor.** I am willing and able to participate in a team environment for five days of difficult physical work to ensure the trip accomplishes its goals of building homes and/or schools for needy families in Mexico.
6. I have been on a previous Mexico Mission trip organized by Sleepy Hollow Presbyterian Church.  
\_\_\_\_\_ Yes \_\_\_\_\_ No
7. **Declaration of Intent.** Please tell us why you want to go on the 2019 Mexico Mission trip in 300 words or less.



Due March 31, 2019

**Mexico Mission 2019**  
**Sleepy Hollow Presbyterian Church**

**TEAM MEMBER COMMITMENT & COVENANT**

*A covenant is a formal, solemn agreement/promise for the performance of an action or actions.*

*A commitment is an agreement or pledge to do something.*

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PLEASE PRINT (Mexico Mission Team Member Name)

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PLEASE PRINT (Dates of Mission)

**Enclosed is my non-refundable deposit of \$150.**

1. Respect and follow all rules (**including safety**) of the mission (based on SHPC & AMOR guidelines).
2. Participate in and respect the Sleepy Hollow Presbyterian Church, its faith and belief system. Attend at least three church services: Commissioning Sunday (June 9, Mexico Mission Trip Sunday in San Diego (June 16) and Return Sunday (June 23).
3. Refrain from using alcohol, cigarettes, and illegal or recreational drugs.
4. Refrain from inappropriate sexual behavior.
5. Participate in all scheduled meetings/activities and honor all meeting times.
6. Sleep in my assigned room/tent **so that I may be reached in case of emergency.**
7. Leave radios, iPods, iPads, CD players, head phones, cell phones, PDAs, and other electronic gear behind for the duration of the mission. (Exception for leadership positions: cell phone, PDA)
8. Speak directly to the mission coordinator(s) or assigned group leader if I have questions, complaints, concerns, or compliments, (before, during, and after the mission).

I understand that I will be removed from the team or sent home from the mission if I fail to abide by the rules and regulations set forth in this covenant, the SHPC, and/or AMOR guidelines.

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

- ☐ I own a passport (a copy of the inside pages with my photo and passport expiration date is enclosed).
- ☐ I do not currently own a valid passport, but am in the process of applying for one and will have one in my possession by April 14, 2019.



Due March 31, 2019

**Mexico Mission 2019  
Sleepy Hollow Presbyterian Church**

**LIABILITY AND MEDICAL RELEASE FORM - PARTICIPANT UNDER 18 YEARS OLD AT  
TIME OF DEPARTURE  
Page 1 of 3**

Name of Participant: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Participant E-mail Address: \_\_\_\_\_

Participant Address: \_\_\_\_\_

Primary Parent / Guardian Name: \_\_\_\_\_ Cell \_\_\_\_\_

Primary Parent / Guardian E-Mail: \_\_\_\_\_

Secondary Parent / Guardian Name: \_\_\_\_\_ Cell \_\_\_\_\_

Secondary Parent / Guardian E-Mail: \_\_\_\_\_

**Liability and Medical Release**

**Planned Activities and Inclusive Dates:** SHPC Mexico Mission Home Building Trip, June 15<sup>th</sup> through June 22<sup>nd</sup>, 2019, including travel to and from the camp and work sites in Mexico, preparation for aforesaid trip beginning March 17<sup>th</sup>, 2019, and Return Service and related activities currently scheduled for June 23<sup>rd</sup>, 2019.

I (we) the Parent(s) give permission for my (our) above-named Child to participate in the Planned Activities sponsored in whole or in part by Sleepy Hollow Presbyterian Church for the Inclusive Dates above.

I (we) understand that there are risks associated with participation in outdoor, athletic, social, travel, international, building activities including, intentional or unintentional acts or events arising from circumstances or individuals over which the Church has only limited control or no control whatsoever.

Should my (our) child require immediate or emergency medical care while engaged in the Planned Activities, in my (our) absence, I (we) hereby grant the Church authority to release my (our) child for medical treatment to such medical personnel as the Church determines appropriate under the circumstances.

In consideration for the privilege of allowing my (our) child to participate in the Planned Activities, I/we agree to release, hold harmless, defend and indemnify the Church, its officers, agents, employees and volunteers, from any liability or responsibility for bodily injury, damage or illness to my (our) Child arising out of participating in the Planned Activities. Further, I agree to indemnify and hold harmless the Church, its officers, agents, employees or volunteers, with respect to any claim asserted by or on behalf of my (our) Child as a result of bodily injury, damage, or illness.





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**Mexico Mission 2019  
Sleepy Hollow Presbyterian Church**

**LIABILITY AND MEDICAL RELEASE FORM - PARTICIPANT UNDER 18 YEARS OLD AT  
TIME OF DEPARTURE  
Page 2 of 3**

My (our) Child has the following medical conditions, allergies or impairments which may be material to participation in the Planned Activities:

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It is understood with respect to any injury or illness that may occur in the course of the Planned Activities that any health insurance available to the Child's family or guardian shall be primary coverage.

**We hereby consent to the foregoing Liability and Medical Release:**

Primary Custodial Parent / Legal Guardian (print) \_\_\_\_\_

Primary Custodial Parent / Legal Guardian (sign) \_\_\_\_\_

Date Signed \_\_\_\_\_

Secondary Custodial Parent / Legal Guardian (print) \_\_\_\_\_

Secondary Custodial Parent/ Legal Guardian (sign) \_\_\_\_\_

Date Signed \_\_\_\_\_



(Continued from previous page)

**Mexico Mission 2019  
Sleepy Hollow Presbyterian Church**

**LIABILITY AND MEDICAL RELEASE FORM - PARTICIPANT UNDER 18 YEARS OLD AT  
TIME OF DEPARTURE**

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**Medical Concerns- (PLEASE PRINT CLEARLY):**

Allergies (food, drug/medication, bee sting, etc.): \_\_\_\_\_

\_\_\_\_\_

Are you currently taking any medication(s)? \_\_\_\_\_

\_\_\_\_\_

Name of medication(s) and dosage(s): \_\_\_\_\_

\_\_\_\_\_

Other Condition(s): \_\_\_\_\_

Participant Name

\_\_\_\_\_

Primary Parent / Emergency Contact \_\_\_\_\_ Cell \_\_\_\_\_

Primary Parent / Emergency Contact E-mail \_\_\_\_\_

Secondary Parent / Emergency Contact \_\_\_\_\_ Cell \_\_\_\_\_

Secondary Parent / Emergency Contact E-mail \_\_\_\_\_

Health Insurance Co.: \_\_\_\_\_ Group/policy #: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Physician's Phone: \_\_\_\_\_

**Please provide a CLEAR copy of both the front and back side of the Participant's  
Health Insurance Card**



**Due March 31, 2019**

**Mexico Mission 2019  
Sleepy Hollow Presbyterian Church**

**LIABILITY AND MEDICAL RELEASE FORM - PARTICIPANT 18 YEARS OLD OR  
OLDER AT TIME OF DEPARTURE**

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Name of Participant: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Participant E-mail Address: \_\_\_\_\_

Participant Address: \_\_\_\_\_

Cell \_\_\_\_\_ E-Mail: \_\_\_\_\_

**Liability and Medical Release**

**Planned Activities and Inclusive Dates:** SHPC Mexico Mission Home Building Trip, June 15<sup>th</sup> through June 22<sup>nd</sup>, 2019, including travel to and from the camp and work sites in Mexico, preparation for aforesaid trip beginning March 17<sup>th</sup>, 2019, and Return Service and related activities currently scheduled for June 23<sup>rd</sup>, 2019.

I fully intend to participate in the Planned Activities sponsored in whole or in part by Sleepy Hollow Presbyterian Church for the Inclusive Dates above.

I understand that there are risks associated with participation in outdoor, athletic, social, travel, international, building activities including, intentional or unintentional acts or events arising from circumstances or individuals over which the Church has only limited control or no control whatsoever.

Should I require immediate or emergency medical care while engaged in the Planned Activities, I hereby grant the Church authority to release myself for medical treatment to such medical personnel as the Church determines appropriate under the circumstances should I not be able to do this myself.

In consideration for the privilege of participating in the Planned Activities, I agree to release, hold harmless, defend and indemnify the Church, its officers, agents, employees and volunteers, from any and all liability or responsibility for bodily injury, damage or illness to me arising out of participating in the Planned Activities. Further, I agree to indemnify and hold harmless the Church, its officers, agents, employees and volunteers, with respect to any claim asserted by me or on my behalf as a result of, or rising from, bodily injury, damage or illness.



*(Continued from previous page)*

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I have the following medical conditions, allergies or impairments which may be material to participation in the Planned Activities:

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It is understood with respect to any injury or illness that may occur in the course of the Planned Activities that my health insurance shall be the primary health coverage.

**I hereby consent to the foregoing Liability and Medical Release:**

Participant (print) \_\_\_\_\_

Participant (sign) \_\_\_\_\_

Date Signed \_\_\_\_\_



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**Medical Concerns - (PLEASE PRINT CLEARLY):**

Allergies (food, drug/medication, bee sting, etc.): \_\_\_\_\_

\_\_\_\_\_

Are you currently taking any medication(s)? \_\_\_\_\_

Name of medication(s) and dosage(s): \_\_\_\_\_

\_\_\_\_\_

Other Condition(s): \_\_\_\_\_

Primary Emergency Contact \_\_\_\_\_ Cell \_\_\_\_\_

Primary Emergency Contact E-mail \_\_\_\_\_

Secondary Emergency Contact \_\_\_\_\_ Cell \_\_\_\_\_

Secondary Emergency Contact E-mail \_\_\_\_\_

Health Insurance Co.: \_\_\_\_\_ Group/policy #: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Physician's Phone: \_\_\_\_\_

**Please provide a CLEAR copy of both the front and back side of the Participant's  
Health Insurance Card**



Mexico Mission 2019  
Sleepy Hollow Presbyterian Church

**Due March 31, 2019**

### **AMOR INDIVIDUAL MISSION TRIP PARTICIPATION FORM**

Your 2019 Individual Mission Trip Participation Form must be completed online this year through the Amor website using the link below. It is important you complete this form as soon as possible:

**Form for participants under 18 years of age:**

<http://bit.ly/2VZEGw9>

**Form for participants 18 years of age or older:**

<http://bit.ly/2F6CRlb>